

# The Eden Alternative UK & Ireland

## 3 Day ASSOCIATE TRAINING COURSE

### Learning outcomes and benefits

- Sharing expectations
- The importance of a shared vision
- How the Eden Alternative began
- The umbrella Principles
- Changing the culture of your organisation
- Minimising medical interventions
- Implementing the Eden philosophy
- Team work
- Empowering staff
- Organic processes
- Success and wise leadership
- Networking

“Well presented and thoroughly enjoyable. Highly recommended.”

“Very inspirational, very enjoyable. Excellent. Gave me a boost to start the process. Thank you”

“I truly enjoyed this training session. It brought back the true meaning of caring – the Eden Alternative has stimulated me into action”

### Who is it for?

Managers, owners, staff and anyone involved in or interested in the cultural change beyond person centred care.

### How will it benefit my organisation and me as an individual?

The Eden Alternative™ is part of a worldwide culture change movement that seeks to ensure that person centred care replaces institutional and medical models of care. It is a philosophy based around ten principles and is a different approach to the way we care for our elderly in long-term situations and in their own homes. Through companionship, being able to give and receive care and the re-introduction of spontaneity into our homes we eradicate or manage the loneliness, helplessness and boredom that cause the bulk of suffering amongst our elderly. Training to introduce the Eden Alternative philosophy gives participants the opportunity to experience the mindset change and the paradigm shift required to achieve this culture change and to ensure its sustainability.

Communities that have adopted the Eden Alternative philosophy have benefited two-fold; increased well-being for their residents and clients, and increased job satisfaction for staff.

**21<sup>st</sup>, 22<sup>nd</sup> November & 6<sup>th</sup> December 2017**  
**at Riverside, Newport, Isle of Wight**

For further information contact June Burgess,  
Regional Coordinator, UK & Ireland,  
T: 01225 309 238 Email: [june@eden-alternative.co.uk](mailto:june@eden-alternative.co.uk)



## Booking Form

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### Eden Alternative Associate Training Course 21<sup>st</sup> & 22<sup>nd</sup> November & 6<sup>th</sup> December 2017

Venue: Riverside, The Quay, Newport, Isle of Wight, PO30 2QR

Times: 9.30am. – 5pm.

Name	
Position	
Organisation	
Address line 1	
Address line 2	
County	
Post code	
Telephone No.	
Email address	
Special Dietary Requirements	

#### **Cost**

£350 per participant. Where organisations are sending four or more participants the cost will be £330 per participant

#### **All fees must be paid before commencement of the course**

Payment covers three days training, all materials, morning and afternoon tea/coffee on each day.

#### **Payment**

Please return this form together with a cheque made out to Eden UK to:  
June Burgess, 19 Woolley Drive, Bradford on Avon, Wiltshire BA15 1AU  
Tel: 01225 309 238                      email: [june@eden-alternative.co.uk](mailto:june@eden-alternative.co.uk)

Or by BACS: Sort Code: 40-44-33, Account No. 72066351

#### **Cancellation Policy**

Cancellation more than 2 weeks from the first day of the course - 50% refund  
Cancellation less than 2 weeks from first day of course - no refund